Godstowe
Founded 1900

# SAMPLE NURSERY MENU

Healthy food · Happy children · Bright futures

| | Monday | Tuesday | Wednesday | Thursday | Friday |
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| Main Meal | Sweet Potato, Red Pepper Kidney Bean & Chick Pea Chilli | Beef & Red Lentil Bolognaise | Creamy Chicken Curry | Chicken and Leek Pie Topped with Mashed Root Vegetables | Baked Fish Fingers |
| Vegetarian Option | Meat Free Monday | Roasted Mediterranean Vegetable Bolognaise | Vegetable Jalfrezi | Vegetable Cottage Pie | Vegan Fishless Fingers |
| Sides | Brown & White Rice<br>Fine Green Beans | Penne Pasta<br>Garlic Bread<br>Steamed Diced Carrots | Brown & White Pilau Rice<br>Naan Bread Fingers<br>Cauliflower | Garden Peas | Potato Wedges<br>Baked Beans or Garden Peas |
| Dessert | Kiwi Fruit and Blueberries Organic Natural Yoghurt | Pear and Cinnamon Compote with Organic Natural Yoghurt | Fresh Fruit Salad with Organic Greek Yoghurt | Watermelon Wedges Organic Greek Yoghurt | Spiced Apple Compote with Organic Natural Yoghurt |
| Supper | Veggie Ragu with Mashed Sweet Potato<br>Fresh Fruit | Chicken or Vegetable Jambalaya<br>Fresh Fruit | Vegan Cheese Vegetable & Pasta Bake<br>Fresh Fruit | Turkey or Mushroom Stroganoff with Tagliatelle<br>Fresh Fruit | Chicken Chow Mein Noodles or Veggie Chow Mein Noodles<br>Fresh Fruit |

Fresh, nutritious ingredients, cooked with care.

**Allergen Information**
We cater for a range of dietary needs and allergens. Please speak to a member of the team for more information.